

All speeds
and abilities welcome.
This is a steady social
walk with other local
residents.

Wythenshawe

WALK AND TALK

Wednesdays at 10:30am - meet outside St
Aiden's Centre, Wythenshawe Road,
M23 0PH

Please contact Emma
0161 271 0582 or
email emma.farrell@gmmh.nhs.uk to
register.