



Hello from Carers Manchester

A partnership of statutory and voluntary organisations, working together to improve services for Manchester's unwaged carers.

Contact Point helpline:

0161 543 8000

Monday – Friday

10am – 4pm

except bank holidays

www.carersmanchester.org.uk

contactpoint@carersmanchester.org.uk

If your care concern is an emergency contact Manchester City Council's out of hours duty team on **0161 234 5001**.

Carers Manchester in partnership with:



and



MANCHESTER
CITY COUNCIL



Leading local care, improving lives in Manchester, with you

Am I a carer?

A carer is someone of any age who supports, unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support.

You might not think of yourself as a carer, but just as someone's partner, parent, son, daughter or friend.

A carer does not always live with the person they care for, or care for them full time.

Recognising that you might be a carer means that you can access support, advice and guidance relevant to your situation.

As a carer you are not alone, there are an estimated 65,000 carers in Manchester and we are here to help you find the right support at the right time.



If you are a carer, you can have a carer's assessment to see what might help make your life easier.

Our Contact Point can provide more information on how to get one from Manchester City Council.

Carers Manchester Contact Point is a dedicated helpline for carers to access for support and guidance.

The team includes advice workers that can provide support in other languages.

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Visit www.carersmanchester.org.uk

and fill in our enquiry form.



Services in your area

The locality based services are due to open in December, and will deliver support in your area and within your community. These services will provide outreach and support services in north, central and south Manchester.

Keep an eye on our website and social media pages for more details.